

Raw Avocado Lime Mousse

Yield: 2 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-coconut-rice-cakes-recipe>

Ingredients:

- 1 Hass avocado large, or two smaller varieties
- 1 lime
- 1/2 lime
- 3 tablespoons agave nectar
- 1/2 teaspoon vanilla
- 1/4 teaspoon salt
- unsweetened shredded coconut for garnish, optional
- rice cakes

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 28 grams
3. Fat: 18 grams
4. Fiber: 12 grams
5. Protein: 3 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 340 milligrams
8. Sugar: 7 grams

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