

Indian Coconut Soup

Yield: 8 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-tomato-coconut-soup-recipe>

Ingredients:

- 1 tablespoon unsalted butter
- 1/2 cup shredded coconut
- 1 teaspoon ground cardamom
- 4 tablespoons honey
- 14 ounces coconut milk can of
- 2 cups milk
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1 pinch salt

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 10 milligrams
4. Fat: 16 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 13 grams
8. Sodium: 105 milligrams
9. Sugar: 16 grams

Thank you for visiting our website. Hope you enjoy Indian Coconut Soup above. You can see more 18 indian tomato coconut soup recipe Discover culinary perfection! to get more great cooking ideas.