

Veg Chow Mein

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-chow-mein-recipe>

Ingredients:

- 2 packets noodles Thick
- 3 tablespoons olive oil
- 1 teaspoon garlic paste
- 1 teaspoon ginger paste
- 1 yellow onion or small White, sliced
- 1 cup cabbage Thinly sliced
- 1/4 cup celery sliced or chopped
- 1 teaspoon black peppercorns Coarsely crushed
- 2 1/2 tablespoons soy sauce
- 3 teaspoons brown sugar
- 1 tablespoon honey
- salt to taste

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 12 grams
3. Fat: 10 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 780 milligrams
8. Sugar: 8 grams

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