

# Slow-Cooker Chicken Tikka Masala

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-chicken-tikka-masala-recipe-crock-pot>

## Ingredients:

- 1 onion diced
- 5 garlic cloves minced
- 4 skinless chicken breasts boneless, cut into cubes
- 28 ounces tomato purée
- 1 cup plain yogurt
- 3 tablespoons Garam Masala
- 1 tablespoon cumin
- 1 teaspoon coriander
- 1 teaspoon cayenne pepper
- salt
- freshly ground black pepper
- 1 cup heavy cream
- 1/4 cup fresh cilantro
- steamed rice for serving

## Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 250 milligrams
4. Fat: 37 grams
5. Fiber: 7 grams
6. Protein: 56 grams
7. SaturatedFat: 20 grams
8. Sodium: 1310 milligrams
9. Sugar: 14 grams

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