

Shish Kabob a la Holly

Yield: 8 min
Total Time: 270 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-chicken-shish-kabob-recipe>

Ingredients:

- 1 green bell pepper cut into large chunks
- 1 pound deveined shrimp peeled and
- 1 zucchini small, sliced 1/4-inch thick
- 1/2 pound skinless boneless chicken breast cut into cubes
- 1/2 pint cherry tomatoes
- 1 pound beef steak cut into cubes
- 24 pearl onions
- 1/2 pound fresh mushrooms large, halved
- 1/2 cup olive oil
- 1/4 teaspoon garlic powder or to taste
- salt and ground black pepper to taste
- 1 pound fettuccine
- 2 tablespoons softened butter
- 1/4 teaspoon garlic powder

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 72 grams
3. Cholesterol: 25 milligrams
4. Fat: 18 grams
5. Fiber: 6 grams
6. Protein: 18 grams
7. SaturatedFat: 4 grams
8. Sodium: 90 milligrams
9. Sugar: 20 grams

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