

# Chicken Salad Sandwich

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-chicken-salad-sandwich-recipe>

## Ingredients:

- 1/2 cup mayo more or less to taste
- 1/4 cup plain greek yogurt can sub sour cream or more mayo
- 2 tablespoons pickle relish
- 2 teaspoons Dijon mustard
- 1 tablespoon parsley fresh minced
- 1/4 teaspoon dried dill
- 1/2 teaspoon paprika
- 1/2 teaspoon garlic powder
- 1/2 cup diced celery
- 3 sliced green onions thinly
- 3 cups chicken shredded
- 1/4 cup chopped pecans can sub walnuts or almonds
- salt
- pepper
- whole grain wheat bread or your favorite bread
- lettuce
- tomato

## Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 120 milligrams
4. Fat: 21 grams
5. Fiber: 3 grams
6. Protein: 36 grams
7. SaturatedFat: 4 grams
8. Sodium: 620 milligrams
9. Sugar: 7 grams

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