

Chicken Roll Ups

Yield: 16 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-chicken-roll-ups-recipe>

Ingredients:

- 2 cans crescent rolls
- 3/4 cup chicken cooked and diced
- 1/2 cup shredded cheese
- 2 tablespoons greek yogurt
- 12 ounces frozen broccoli in cheese sauce

Nutrition:

1. Calories: 25 calories
2. Cholesterol: 10 milligrams
3. Fat: 1.5 grams
4. Protein: 3 grams
5. SaturatedFat: 1 grams
6. Sodium: 30 milligrams

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