

# Rice Pilaf

Yield: 6 min  
Total Time: 57 min

Recipe from: <https://www.recipeschoose.com/recipes/grilled-chicken-sides-recipes>

## Ingredients:

- 1/4 cup butter
- 1 1/2 cups rice uncooked regular
- 3 1/4 cups chicken broth
- 6 tablespoons celery chopped
- 6 tablespoons fresh parsley chopped
- 6 tablespoons carrots chopped
- 6 tablespoons sliced almonds plus extra for garnish if desired
- 1/4 teaspoon pepper
- 1 lemon optional

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 20 milligrams
4. Fat: 12 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 5 grams
8. Sodium: 105 milligrams
9. Sugar: 1 grams

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