

Quick & Easy Indian Flatbread (Roti)

Yield: 12 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-flatbread-roti-recipe>

Ingredients:

- 1 1/2 tablespoons vegetable oil
- 2 cups plain flour
- 1/2 teaspoon salt
- 200 milliliters water

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 16 grams
3. Fat: 2 grams
4. Fiber: 1 grams
5. Protein: 2 grams
6. Sodium: 100 milligrams

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