

# Persian Shish Kabob

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-steak-kabob-recipe>

## Ingredients:

- 2 pounds beef tenderloin
- 1 onion chopped
- 1 tablespoon salt
- 1 pinch ground black pepper
- 1/8 cup fresh lime juice

## Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 145 milligrams
4. Fat: 41 grams
5. Fiber: 1 grams
6. Protein: 46 grams
7. SaturatedFat: 16 grams
8. Sodium: 1880 milligrams
9. Sugar: 1 grams

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