

Best Quiche

Yield: 8 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/india-vegetable-recipe>

Ingredients:

- 1 pie dough store bought usually in freezer section
- 1 1/2 cups veggies mixed, colored bell peppers, yellow onion, white mushrooms, broccoli
- 4 slices bacon
- 3 large eggs
- 1 1/2 cups half & half
- 1 cup gruyère cheese or you can use Swiss
- 1/2 teaspoon salt
- 1 dash white pepper

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 120 milligrams
4. Fat: 25 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 10 grams
8. Sodium: 460 milligrams
9. Sugar: 1 grams

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