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Breakfast Jam Straws

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/pepper-jam-recipe-indian

Ingredients:

- 1 package puff pastry 2 sheets
- 1/4 cup jam fruit, or preserve
- flour for dusting
- powdered sugar for sprinkling

Nutrition:

Calories: 770 calories
Carbohydrate: 77 grams

3. Fat: 47 grams4. Fiber: 3 grams5. Protein: 9 grams

6. SaturatedFat: 12 grams7. Sodium: 310 milligrams

8. Sugar: 13 grams

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