

Basmati Rice

Yield: 5 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/lebanese-basmati-rice-recipe>

Ingredients:

- 2 cups basmati rice
- 4 cups water
- 2 tablespoons vegetable oil or butter
- salt to taste
- 1 pinch saffron optional

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 59 grams
3. Fat: 6 grams
4. Fiber: 1 grams
5. Protein: 5 grams
6. Sodium: 170 milligrams

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