

The Eggberts Sunriser

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/potato-wedges-recipes>

Ingredients:

- 8 cups frozen hash browns
- 20 whole potato wedges Frozen Mini
- canola oil For Frying
- salt
- pepper
- 1 whole onion Medium, Diced
- 1 whole green bell pepper Diced
- 1/2 whole red bell pepper Diced
- 1 whole jalapeno Seeded And Diced, optional
- 1 1/2 cups diced ham
- 1 1/2 cups sharp cheddar cheese Grated
- 4 tablespoons butter
- 8 whole eggs

Nutrition:

1. Calories: 1450 calories
2. Carbohydrate: 119 grams
3. Cholesterol: 545 milligrams
4. Fat: 89 grams
5. Fiber: 12 grams
6. Protein: 48 grams
7. SaturatedFat: 28 grams
8. Sodium: 2850 milligrams
9. Sugar: 6 grams

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