

Pecan Sticky Buns

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/tasty-buns-recipes>

Ingredients:

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- 3/4 cup butter
- 1 1/2 cups light brown sugar
- 1/3 cup honey
- 1/3 cup heavy cream
- 1/3 cup water
- 1/4 teaspoon salt
- 1/2 batch challah dough No Knead
- 1/4 cup light brown sugar
- 1/4 cup sugar
- 1 pinch canela
- 1 cup pecan halves toasted, I leave half whole, and chop the other half

Nutrition:

1. Calories: 1140 calories
2. Carbohydrate: 136 grams
3. Cholesterol: 125 milligrams
4. Fat: 70 grams
5. Fiber: 4 grams
6. Protein: 4 grams
7. SaturatedFat: 29 grams
8. Sodium: 430 milligrams
9. Sugar: 130 grams

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