

Ikea Swedish Meatball

Yield: 16 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/ikea-swedish-meatball-recipe-twitter>

Ingredients:

- 1/2 pound ground beef
- 1/2 pound ground pork
- 1 egg
- 2 1/2 tablespoons finely chopped onion
- 1/2 cup breadcrumbs I used panko
- 2 small potatoes
- 3 tablespoons butter
- salt
- white pepper
- 1/4 teaspoon all spice

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 40 milligrams
4. Fat: 8 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 110 milligrams

Thank you for visiting our website. Hope you enjoy Ikea Swedish Meatball above. You can see more 18 ikea swedish meatball recipe twitter Discover culinary perfection! to get more great cooking ideas.