

# Ikea Style Swedish Meatballs

Yield: 44 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/ikea-style-swedish-meatballs-recipe>

## Ingredients:

- 3 tablespoons vegetable oil
- 1 pound lean ground pork
- 1 pound lean ground beef
- 1 cup plain bread crumbs
- 1 onion finely diced
- 2 large eggs beaten, room temperature
- 1/2 teaspoon ground allspice
- 1 tablespoon worcestershire sauce
- 1 1/2 teaspoons coarse salt
- 1 teaspoon freshly ground black pepper
- 1/2 cup unsalted butter
- 1/2 cup unbleached flour or allpurpose
- 4 cups chicken broth
- 3/4 cup cream whipping cream
- 1/2 teaspoon salt
- 1 teaspoon freshly ground black pepper
- 1/4 cup fresh parsley leaves chopped

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 30 milligrams
4. Fat: 5 grams
5. Protein: 6 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 150 milligrams

---

Thank you for visiting our website. Hope you enjoy Ikea Style Swedish Meatballs above. You can see more 19 ikea style swedish meatballs recipe Savor the mouthwatering goodness! to get more great

cooking ideas.