

# Swedish Meatball Gravy

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/worlds-best-swedish-meatball-recipe>

## Ingredients:

- 1 tablespoon butter
- 1 tablespoon flour
- 1 1/2 cups chicken broth
- 2 teaspoons brown sugar
- 1/4 teaspoon beef base optional, see notes
- 1/2 cup heavy cream
- 20 frozen meatballs or more
- mashed potatoes
- cranberries

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 60 milligrams
4. Fat: 18 grams
5. Fiber: 2 grams
6. Protein: 3 grams
7. SaturatedFat: 11 grams
8. Sodium: 140 milligrams
9. Sugar: 3 grams

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