

# Grilled Huli Huli Chicken

Yield: 11 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/huli-huli-chicken-recipes>

## Ingredients:

- 4 pounds boneless skinless chicken thighs chicken breasts also work
- 1 cup unsweetened pineapple juice
- 1/2 cup soy sauce
- 1/2 cup brown sugar
- 1/3 cup ketchup
- 1/4 cup chicken broth
- 2 teaspoons fresh ginger root grated
- 1 1/2 teaspoons minced garlic
- green onions sliced for garnish, optional

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 135 milligrams
4. Fat: 7 grams
5. Protein: 34 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 880 milligrams
8. Sugar: 11 grams

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