

Easy Prawn Curry

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/hot-prawn-curry-recipe-indian>

Ingredients:

- 1 pound prawns
- 1 tablespoon cooking oil
- 1 teaspoon garlic minced
- 3 tablespoons curry powder
- 1 teaspoon cayenne hot or sweet paprika
- 1/2 cup coconut milk
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 cup cilantro chopped
- 1 teaspoon mustard seeds optional
- 4 curry leaves optional

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 120 milligrams
4. Fat: 13 grams
5. Fiber: 2 grams
6. Protein: 18 grams
7. SaturatedFat: 7 grams
8. Sodium: 370 milligrams
9. Sugar: 1 grams

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