

Italian Herb & Cheese Fettucine

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/hot-italian-turkey-sausage-pasta-recipe>

Ingredients:

- 1 pound noodles fettuccine, used Ronzoni's Garden Delight
- 1 tablespoon olive oil
- 1 pound hot italian turkey sausage sliced thin
- 16 ounces vegetable package frozen, medley, used broccoli, cauliflower, carrots, zucchini, and yellow squash
- 1 philadelphia tub, 10 Oz, Italian Herb and Cheese Blend Cooking Creme
- 1 cup pasta reserved, cooking water
- 1/2 cup grated Parmesan cheese freshly, plus more for garnish
- 1 teaspoon red pepper flakes plus more for garnish

Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 125 grams
3. Cholesterol: 170 milligrams
4. Fat: 33 grams
5. Fiber: 9 grams
6. Protein: 32 grams
7. SaturatedFat: 14 grams
8. Sodium: 450 milligrams
9. Sugar: 5 grams

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