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The Best Homemade Spaghetti Sauce

Yield: 4 min Total Time: 80 min

Recipe from: https://www.recipeschoose.com/recipes/hot-italian-sausage-tomato-sauce-recipe

Ingredients:

- 1 pound spicy Italian sausage
- 1 pound lean ground beef
- 1 sweet onion large, diced
- 5 cloves garlic minced
- 2 tablespoons granulated sugar
- 2 teaspoons Italian seasoning dried
- 1 teaspoon kosher salt
- 1/2 teaspoon pepper
- 1/3 cup chopped parsley fresh
- 12 ounces tomato paste
- 15 ounces diced fire-roasted tomatoes
- 28 ounces crushed tomatoes
- 1/2 cup chicken broth

Nutrition:

Calories: 780 calories
Carbohydrate: 54 grams
Cholesterol: 155 milligrams

4. Fat: 41 grams5. Fiber: 11 grams6. Protein: 51 grams

7. SaturatedFat: 15 grams8. Sodium: 2600 milligrams

9. Sugar: 21 grams

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