

Better Than Olive Garden's Zuppa Toscana

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/hot-italian-sausage-kale-recipe>

Ingredients:

- 4 slices bacon diced
- 1 pound hot Italian sausage ground
- 1 yellow onion large, diced
- 4 cloves garlic minced
- 4 cups chicken stock
- 3 cups russet potatoes cubed
- 3/4 teaspoon sea salt
- 1/4 teaspoon freshly ground black pepper
- 2 cups kale washed and cut into bite size pieces
- 1 cup heavy whipping cream
- Parmesan cheese grated, to taste

Nutrition:

1. Calories: 940 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 195 milligrams
4. Fat: 73 grams
5. Fiber: 2 grams
6. Protein: 32 grams
7. SaturatedFat: 31 grams
8. Sodium: 1950 milligrams
9. Sugar: 7 grams

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