

Sausage Potato Soup

Yield: 7 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-chili-hot-italian-sausage-recipe>

Ingredients:

- 1 pound spicy Italian sausage can use mild
- 5 tablespoons unsalted butter separated
- 1 tablespoon olive oil
- 3/4 cup carrots
- 3/4 cup diced celery
- 3/4 cup diced yellow onion
- 2 cloves garlic minced
- 4 cups baby gold potatoes chopped
- 1 teaspoon dried basil
- 4 cups chicken stock or chicken broth
- 1/4 cup all purpose flour
- 3 cups 1% milk
- 1/2 cup heavy cream
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 2 cups extra sharp cheddar cheese
- 1/4 cup sour cream fat free is great
- 1 teaspoon dried parsley

Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 145 milligrams
4. Fat: 53 grams
5. Fiber: 1 grams
6. Protein: 26 grams
7. SaturatedFat: 26 grams
8. Sodium: 1290 milligrams
9. Sugar: 10 grams

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