

Falsomagro

Yield: 6 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-flank-steak-pinwheels-recipe>

Ingredients:

- olive oil
- 2 pounds flank steak pounded into 3/4" thickness
- 3 hot Italian sausage casings removed
- 3 slices bacon
- 3 eggs
- 1 yellow onion sliced
- 2 cloves garlic chopped
- 1/2 cup cheese fresh mozzarella
- 1 cup red wine
- 1/2 cup beef stock
- 7 ounces tomato sauce
- salt
- pepper

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 210 milligrams
4. Fat: 41 grams
5. Fiber: 2 grams
6. Protein: 46 grams
7. SaturatedFat: 14 grams
8. Sodium: 950 milligrams
9. Sugar: 5 grams

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