

# Cheesy Hot Sausage Bites

Yield: 24 min  
Total Time: 22 min

Recipe from: <https://www.recipeschoose.com/recipes/hot-italian-sausage-appetizer-recipe>

## Ingredients:

- 2/3 pound hot Italian sausage
- 1/3 cup sharp cheddar cheese Crystal Farms® Wisconsin, shredded then finely chopped
- 1/3 cup Italian seasoned panko bread crumbs
- 1 egg medium farm fresh
- 1 slice wheat bread torn into small pieces
- 1 handful Italian flat leaf parsley finely chopped
- 1/4 teaspoon garlic powder
- 1 tablespoon tomato paste
- 2 tablespoons grana padano cheese grated
- 1/4 teaspoon oregano
- salt
- pepper
- shredded mozzarella cheese Crystal Farms®

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 20 milligrams
4. Fat: 5 grams
5. Protein: 3 grams
6. SaturatedFat: 2 grams
7. Sodium: 160 milligrams

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