

Mini Bacon Wrapped Meatloaf (Paleo, Whole30, Keto)

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/hot-italian-sausage-and-mushroom-recipe>

Ingredients:

- 3 cloves garlic minced
- 1/2 onion finely diced
- 1 cup mushrooms finely diced
- 1 tablespoon fresh oregano finely diced
- 1/2 pound ground beef
- 1/2 pound spicy Italian sausage
- 1 teaspoon pepper
- 10 slices bacon

Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 130 milligrams
4. Fat: 58 grams
5. Fiber: 1 grams
6. Protein: 28 grams
7. SaturatedFat: 20 grams
8. Sodium: 1040 milligrams
9. Sugar: 1 grams
10. TransFat: 0.5 grams

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