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Restaurant Style Fettuccine Jambalaya

Yield: 8 min Total Time: 70 min

Recipe from: https://www.recipeschoose.com/recipes/hot-italian-sausage-and-chicken-recipe

Ingredients:

- 1 pound chicken cut into bite sized pieces
- 1 pound spicy Italian sausage sliced
- 12 ounces jumbo shrimp raw, peeled & deveined
- 1 tablespoon olive oil
- 1 cup green pepper diced
- 1 cup red pepper diced
- 1/2 cup onion diced
- 14 1/2 ounces diced tomatoes with juice cans
- 2 cups chicken broth I use 2 tsp of Better than Bouillon chicken base with 2 cups water
- 1 tablespoon Creole seasoning I use Tony Chachere's
- 1 pound noodles fettuccine
- 6 green onion stems, sliced
- 1 tablespoon parsley minced
- Parmesan grated, optional

Nutrition:

Calories: 580 calories
Carbohydrate: 48 grams

3. Cholesterol: 195 milligrams

4. Fat: 25 grams

5. Fiber: 4 grams

6. Protein: 39 grams

7. SaturatedFat: 8 grams8. Sodium: 590 milligrams

6. Soululli. 590 lillilligia

9. Sugar: 4 grams

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