

Venison Sausage Hash with Potatoes & Apples

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/hot-italian-elk-sausage-recipe>

Ingredients:

- 1 tablespoon olive oil plus more
- 1 onion medium, peeled and chopped
- 1 pound venison sausage prepared
- 1 russet potato large, peeled and chopped
- 2 cloves garlic minced
- 1 apple medium, cored and chopped
- salt
- pepper

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 21 grams
3. Fat: 3.5 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. Sodium: 200 milligrams
7. Sugar: 6 grams

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