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Indian Chai Hot Chocolate

Yield: 1 min Total Time: 5 min

Recipe from: https://www.recipeschoose.com/recipes/indian-chai-hot-chocolate-recipe

Ingredients:

- 1/2 cup water
- 1/2 cup milk
- 1 tea bag chai
- 9/16 ounce hot chocolate mix instant

Nutrition:

Calories: 150 calories
Carbohydrate: 19 grams
Cholesterol: 10 milligrams

4. Fat: 5 grams5. Fiber: 1 grams6. Protein: 6 grams

7. SaturatedFat: 3 grams8. Sodium: 230 milligrams

9. Sugar: 17 grams

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