

Classic Hot Toddy

Yield: 4 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-hot-sour-chinese-soup-recipe>

Ingredients:

- 1 cup hot water
- 1 earl grey tea bag, or any tea of your choice see note 1
- 2 ounces whiskey see note 2
- 2 tablespoons honey see note 3
- 2 teaspoons lemon juice
- 1 pinch ground cinnamon

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 9 grams
3. Sugar: 9 grams

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