

Black-Eyed Peas and Rice (Hoppin' John)

Yield: 6 min
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/chef-john-s-shakshuka-recipes>

Ingredients:

- 1 pound dried black-eyed peas
- 2 smoked ham hocks meaty, each about 1 lb.
- 2 teaspoons granulated garlic
- 1 teaspoon granulated onion
- 1 teaspoon black pepper
- 8 cups water
- kosher salt to taste
- 6 cups cooked rice
- sliced green onions
- hot sauce optional

Nutrition:

1. Calories: 5 calories
2. Carbohydrate: 1 grams
3. Sodium: 190 milligrams

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