

# Greek Yogurt Waldorf Salad

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/honey-vanilla-greek-yogurt-recipe>

## Ingredients:

- 3 cups apples chopped, about 3-4 medium apples, I used Honey Crisp apples
- 1 cup celery chopped
- 1/2 cup pecans chopped, walnuts or almonds can be substituted
- 1/4 cup dried cherries or raisins
- 1/4 cup vanilla Greek yogurt I prefer my salad dressed lightly, but you can add more if you prefer it with more
- zest a medium lemon
- 2 teaspoons fresh lemon juice
- 1 teaspoon sugar
- 1 teaspoon honey
- 1/2 teaspoon canela
- 1/4 teaspoon nutmeg

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 22 grams
3. Fat: 13 grams
4. Fiber: 5 grams
5. Protein: 2 grams
6. SaturatedFat: 1 grams
7. Sodium: 25 milligrams
8. Sugar: 13 grams

---

Thank you for visiting our website. Hope you enjoy Greek Yogurt Waldorf Salad above. You can see more 20 honey vanilla greek yogurt recipe Get cooking and enjoy! to get more great cooking ideas.