

# Slow Cooker Chinese Spare Ribs

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-spare-rib-rub-recipe>

## Ingredients:

- 3 pounds St. Louis-style spare ribs see notes
- 1/4 cup soy sauce
- 1/2 cup honey
- 1/3 cup hoisin sauce
- 1 1/2 teaspoons Chinese five-spice powder
- 2 tablespoons brown sugar
- 3 tablespoons sweet chili sauce
- 2 teaspoons ginger fresh grated
- 1 teaspoon red food coloring optional
- 2 teaspoons cornstarch
- sesame seeds
- green onions

## Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 56 grams
3. Fat: 2 grams
4. Fiber: 3 grams
5. Protein: 3 grams
6. Sodium: 1420 milligrams
7. Sugar: 47 grams

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