

# Sweet Italian Chicken Sausage and Tortellini Soup

Yield: 12 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-italian-chicken-sausage-pasta-recipe>

## Ingredients:

- 16 ounces italian chicken sausage al fresco® All Natural Sweet
- 1 1/2 tablespoons extra-virgin olive oil
- 5 cloves garlic
- 1/2 cup white wine
- 42 ounces low fat low sodium chicken broth
- 18 ounces cheese tortellini refrigerated
- 1 1/4 cups tomatoes fresh red, chopped
- 6 ounces baby spinach leaves
- 1 tablespoon unsalted butter

## Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 45 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 13 grams
7. SaturatedFat: 5 grams
8. Sodium: 530 milligrams
9. Sugar: 1 grams

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