

# Homemade Ketchup

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-chili-pepper-sauce-recipe>

## Ingredients:

- 1 onion large, peeled and chopped
- 1 stalk celery roughly chopped
- 1 piece fresh ginger peeled and chopped
- 3 cloves garlic
- 1 chili pepper deseeded and finely chopped
- 1 roasted red pepper
- olive oil
- 2 pounds fresh tomatoes chopped
- 3/4 cup red wine vinegar
- fine sea salt
- freshly ground black pepper
- 1/3 cup brown sugar more or less to taste

## Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 5 milligrams
4. Fat: 6 grams
5. Fiber: 3 grams
6. Protein: 4 grams
7. SaturatedFat: 1 grams
8. Sodium: 260 milligrams
9. Sugar: 20 grams

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