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Naan – Indian Flatbread

Yield: 12 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/homemade-indian-flatbread-recipe

Ingredients:

- 3 1/2 cups all purpose flour
- 1 teaspoon salt
- 1/2 teaspoon instant yeast or active dry
- 1 1/2 cups milk
- 1 teaspoon sugar
- 3 1/2 tablespoons melted butter

Nutrition:

Calories: 190 calories
Carbohydrate: 30 grams
Cholesterol: 10 milligrams

4. Fat: 4.5 grams5. Fiber: 1 grams6. Protein: 5 grams

7. SaturatedFat: 2.5 grams8. Sodium: 240 milligrams

9. Sugar: 2 grams

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