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DIY Belgian Hot Chocolate

Yield: 1 min Total Time: 10 min

Recipe from: https://www.recipeschoose.com/recipes/hot-chocolate-recipe-indian-style

Ingredients:

- 1 cup milk
- 3 ounces chocolate Quality Dark Belgian, 56% min; 72% max.
- 1 1/2 ounces milk chocolate Quality
- 1 pinch salt
- 1 teaspoon vanilla
- whipped cream such as Reddi Whip in the can
- 1 dash cinnamon optional
- 1 tablespoon white sugar optional

Nutrition:

Calories: 780 calories
Carbohydrate: 122 grams
Cholesterol: 35 milligrams

Fat: 25 grams
Fiber: 3 grams
Protein: 17 grams
SaturatedFat: 14 grams
Sodium: 530 milligrams
Sugar: 105 grams

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