

# Crispy Hash Browns

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/homemade-hashbrowns-recipes>

## Ingredients:

- 3 tablespoons olive oil canola oil, or rice bran oil
- 1 pound russet baking potatoes
- salt
- pepper

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 15 grams
3. Fat: 10 grams
4. Fiber: 4 grams
5. Protein: 4 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 210 milligrams

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