

Brussels Sprouts with Chinese Sausage

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/sticky-rice-and-chinese-sausage-recipe-insta-pot>

Ingredients:

- 1 1/2 pounds Brussels sprouts
- 6 ounces chinese sausage or substitute with 4 ounces pancetta, diced
- 1 teaspoon fish sauce or soy sauce

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 20 milligrams
4. Fat: 19 grams
5. Fiber: 7 grams
6. Protein: 14 grams
7. Sodium: 890 milligrams
8. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Brussels Sprouts with Chinese Sausage above. You can see more 19 sticky rice and chinese sausage recipe insta pot Ignite your passion for cooking! to get more great cooking ideas.