

Tipsy Italian Sausage Pasta

Yield: 8 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/instacure-beef-italian-sausage-recipe>

Ingredients:

- 1 pound Italian sausage
- 1 pound beef ground turkey, or chicken can be used
- 1/2 teaspoon salt
- 1 teaspoon Italian seasoning
- 1/2 teaspoon black pepper ground
- 4 cloves garlic minced
- 1/2 cup white wine
- chicken broth
- 28 ounces diced tomatoes undrained
- 2 tablespoons parsley fresh, chopped
- 1/4 cup basil fresh, chopped
- 16 ounces pasta any shape

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 80 milligrams
4. Fat: 28 grams
5. Fiber: 3 grams
6. Protein: 29 grams
7. SaturatedFat: 10 grams
8. Sodium: 640 milligrams
9. Sugar: 5 grams
10. TransFat: 0.5 grams

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