

# Vegan Vanilla Ice Cream

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-vanilla-ice-cream-with-nuts-recipe-my-cafe>

## Ingredients:

- 1 cup raw cashews
- 2 cups water
- 1/4 cup agave nectar or honey
- 1 tablespoon vanilla extract
- 1 pinch sea salt celtic

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 14 grams
3. Fat: 16 grams
4. Fiber: 2 grams
5. Protein: 7 grams
6. SaturatedFat: 3 grams
7. Sodium: 85 milligrams
8. Sugar: 3 grams

---

Thank you for visiting our website. Hope you enjoy Vegan Vanilla Ice Cream above. You can see more 18+ holiday vanilla ice cream with nuts recipe my cafe Try these culinary delights! to get more great cooking ideas.