

# Wild Rice Stuffing

Yield: 9 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-turkey-rice-stuffing-recipe>

## Ingredients:

- 4 tablespoons butter or margarine
- 2 cups mushrooms sliced
- 1 onion chopped
- 1 cup dried apricots chopped
- 1 cup dried cherries chopped
- 1 teaspoon dried thyme
- 1 teaspoon dried tarragon
- 1 cup water chestnuts diced
- 1 cup pistachio nuts shelled
- 4 cups wild rice cooked
- 3 cups turkey low sodium, chicken or mushroom broth

## Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 78 grams
3. Cholesterol: 35 milligrams
4. Fat: 15 grams
5. Fiber: 7 grams
6. Protein: 22 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 65 milligrams
9. Sugar: 6 grams

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