

Mom's Breakfast Strata

Yield: 8 min
Total Time: 790 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-strata-recipe>

Ingredients:

- 9 slices bread torn into bite size pieces
- 1/2 cup fresh mushrooms diced
- 1/2 cup chopped green bell pepper
- 16 ounces cheddar cheese shredded
- 1/2 cup chopped onion
- 2 cups cooked ham cubed
- 8 eggs
- 2 cups milk

Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 295 milligrams
4. Fat: 28 grams
5. Fiber: 1 grams
6. Protein: 35 grams
7. SaturatedFat: 15 grams
8. Sodium: 1120 milligrams
9. Sugar: 7 grams

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