

# Roasted Vegetable Pizza

Yield: 8 min  
Total Time: 52 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-roasted-vegetable-recipe>

## Ingredients:

- 5 cups veggies assorted raw, for roasting, I used grape tomatoes, cubed zucchini, diced onion, carrots, sliced mushrooms, and red bell...
- 2 tablespoons olive oil
- salt
- pepper
- pizza dough EASY, or purchase pre-made dough from your favorite pizza place or grocery store
- 15 ounces light alfredo sauce divided
- 1 cup grated Parmesan cheese divided
- 4 cups shredded mozzarella part-skim, divided

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 55 milligrams
4. Fat: 19 grams
5. Fiber: 1 grams
6. Protein: 18 grams
7. SaturatedFat: 10 grams
8. Sodium: 640 milligrams
9. Sugar: 2 grams

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