

Holiday Nog Panna Cotta

Yield: 4 min

Total Time: 136 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-panna-cotta-recipe>

Ingredients:

- 1 1/2 cups cream
- 2 1/2 teaspoons unflavored gelatin one pouch
- 1 pinch salt
- nutmeg fresh, for serving optional

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 70 milligrams
4. Fat: 21 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 14 grams
8. Sodium: 120 milligrams
9. Sugar: 1 grams

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