

Holiday Sausage Balls

Yield: 20 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-sausage-balls-recipe>

Ingredients:

- 1 pound breakfast sausage
- 1 large egg
- 1 cup almond flour
- 8 ounces cheddar cheese
- 1/4 cup grated Parmesan
- 1 tablespoon butter
- 2 teaspoons baking powder
- sea salt
- pepper

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 25 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 3 grams
8. Sodium: 190 milligrams

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