

Moist Chocolate-Beet Cake

Yield: 9 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/white-russian-recipe-esspresso>

Ingredients:

- 8 ounces beets unpeeled, rinsed and scrubbed free of dirt
- 7 ounces semisweet chocolate or bittersweet, chopped, 70% cacao solids
- 1/4 cup espresso or water
- 7 ounces butter at room temperature, cubed
- 1 cup flour
- 3 tablespoons unsweetened cocoa powder the darkest you can find, natural or Dutch-process
- 1 1/4 teaspoons baking powder
- 5 large eggs separated, at room temperature
- 1 pinch salt
- 1 cup superfine sugar

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 165 milligrams
4. Fat: 28 grams
5. Fiber: 3 grams
6. Protein: 7 grams
7. SaturatedFat: 16 grams
8. Sodium: 300 milligrams
9. Sugar: 27 grams

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