

# Meatball Sliders

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-meatball-appetizer-recipe>

## Ingredients:

- 1 pound ground beef
- 1 egg
- 1/4 cup bread crumbs
- 2 tablespoons fresh parsley chopped
- 1/2 teaspoon coarse salt
- 1/4 teaspoon freshly ground black pepper
- 2 tablespoons olive oil
- 1 baguette large, sliced lengthwise, then crosswise into 10 pieces
- 1/2 pound fresh mozzarella sliced to fit baguette pieces
- 2 cups tomato sauce good quality
- 1 cup Parmesan cheese grated

## Nutrition:

1. Calories: 770 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 195 milligrams
4. Fat: 48 grams
5. Fiber: 4 grams
6. Protein: 50 grams
7. SaturatedFat: 21 grams
8. Sodium: 1820 milligrams
9. Sugar: 13 grams
10. TransFat: 1 grams

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