

Beekeeper's Balm Cocktail

Yield: 9 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-lip-balm-recipe>

Ingredients:

- 6 tablespoons honey
- 1/4 cup hot water or very warm
- 2 cups white rum
- 3/4 cup lemon juice freshly squeezed, strained
- 1 cup lemon balm leaves fresh, loosely packed
- club soda to top off, optional
- lemon slices for garnish, optional

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 15 grams
3. Fiber: 1 grams
4. Sodium: 10 milligrams
5. Sugar: 12 grams

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